

# Can My Child Really Commit To Black Belt?

1. **Earning A Black Belt & Developing Important Life Changing Habits Takes Time:** A lot of people look for a “quick fix” or “magic pill” solution to things, but the truth is that **most things that are important in life take time**. Obviously, it takes time to get good at jiu jitsu and earn a black belt. It’s like going to college, it takes years to graduate. The same is true for developing successful life habits.
2. **It’s A Team Effort:** We never ask a young child to make a long-term commitment. A young child doesn’t really understand the value of follow through. **What we do is make it a TEAM EFFORT**. So, we aren’t throwing it all on the child. In our program it’s going to be team effort between the parent, us and the child. **If the child loses interest we are going to get them remotivated**. The truth is that if the child is doing all these things; doing their homework, getting recognition, getting their next belt, getting to the next level of proficiency and so on, we won’t have a problem with them sticking with it. *It’s the kids that get disengaged that quit* so you have to let us know if that happens. We’ll get them reengaged and remotivated and that’s part of every child’s development.
3. **Perseverance Is A Learned Skill:** Perseverance is a LEARNED process. It’s not like some kids are born with it and some aren’t. **If a kid sticks with things it’s because someone taught them how to stick with things**. And once a child learns to stick with things in here, it’s going to apply in everything they do later in life. When they go to college they’re not going to quit after their freshman year because it’s a little tough. They will figure out how to remotivate themselves and follow through on their goals.
4. **We Teach Kids To Stick With Things: Teaching kids to set a goal and stick with it is precisely what we do.** One of the biggest benefits of our black belt training program is that **we teach kids how to set goals and persevere until they attain them**. This has been called “the master skill of success”. It’s about how to set a goal and stick with it and that is a life skill that is *learned* and which applies to all other areas of life. But again, it’s not just on the child; we are all going to help him. He or she is going to stick with it because WE ARE GOING TO TEACH THEM TO STICK WITH IT.
5. **Our Program Teaches Critical Life Skills With Lifelong Value:** So the point is that our black belt training is so much more than just teaching kids “how to fight”. It’s about learning life skills that will benefit the child for the rest of their life.
6. **Successful Kids Need Coaching:** All successful kids had a mentor, coach or parent to help them get through tough times and to help them achieve those successful levels. A child trying to do things on their own tends not to be successful and tends not to stick with things. It’s not surprising that many times kids don’t stick with other things because they didn’t have somebody that is there and showing him how to stick with it and to motivate them to stick with it. **So that’s what we are teaching them to do. Coaching and motivating them to learn the most valuable life skill they could possibly learn – the power of setting goals and sticking with them to completion.**